

RULES AND REGULATIONS OF ATHLETICS, FOOTBALL AND KHO-KHO FOR INTER COLLEGE STATE SPORTS & GAMES CHAMPIONSHIP, 2024-2025

The **Purba-Medinipur District Inter College State Sports & Games Championship, 2024-2025**, Sponsored by Higher Education Department, Govt. of West Bengal, organized by **Mahishadal Raj College** will be held from 27/01/2025 to 29/01/2025 at **Mahishadal, Raj Ground, Mahishdal, Purba Medinipur**.

In athletic meet, there will be separate competitions for Men & Women in District and State level.

EVENTS

MEN

1. 100 M Run
2. 200 M Run
3. 400 M Run
4. 800 M Run
5. 1500 M Run
6. High Jump
7. Long Jump
8. Javelin Throw
9. Shot Put
10. Discus Throw

WOMEN

1. 100 M Run
2. 200 M Run
3. 400 M Run
4. 800 M Run
5. 1500 M Run
6. High Jump
7. Long Jump
8. Javelin Throw
9. Shot Put
10. Discus Throw

4×100 M Relay Race for Men & Women to be held only at the **State level** competition; and teams will be formed among the qualifying athletes of the districts only.

RULES AND REGULATIONS OF THE CHAMPIONSHIP

A. ELIGIBILITY RULES:

1. Age Limit: Age limit of the students shall be of maximum 23 years for U.G. students, 25 years for P.G. and B.P.Ed. students and 27 years for M.P.Ed. students as on 31st December 2024.
2. Only bona fide, full time students who is currently and officially enrolled/registered for a degree course at the college or institute level.
3. Bona-fide students:-
 - (a) For U.G. and P.G. 1st& 2nd Semester students only Admission pay slip and Registration Certificate.
 - (b) For 3rd, 4th, 5th& 6th Semester students only Pass/Fail mark sheet/Admit Card of previous Exam. & Registration Certificate.
 - (c) No Dropout student can be considered as bona fide student.
 - (d) Provisional Admission to a course of a college shall not make the student as bona fide to participate in Inter college State Sports and Games Championship 2024-25.
4. In case of a student migrating from one University to another, his/her migration case will be considered eligible only after his/her admission in the new college is regularised and he/she is admitted as a bona fide student by the new University.
5. Students of Vocational courses or Certificate courses will not be eligible to take part in the competition.

B. DOCUMENTS REQUIRED FOR PARTICIPATION

1. Every Competitor will have to submit the attested copy of his/her **Admit Card of Madhyamik Pariksha, Mark Sheet of H.S. (10 + 2) Examination, previous Semester Mark Sheet for 2nd, 3rd, 4th & 5th Semester. University Registration Certificate for 2nd, 3rd, 4th, 5th& 6th Semester students, Current year Fees Book for all & College Identity card (facsimile shall not be entertained)** along with the eligibility proforma.
2. The **Fees Book** of the participating students must be **attested by the Principal / Teacher-in-Charge / Officer-in-charge of the college**.
3. The Principal / Teacher-in-Charge / Officer-in-Charge of the college will sign on the photographs of the competitors in such a manner so that their **seal & signature may cover the photos (Except the face) & the remaining portion** of the eligibility proforma.
4. **No undertaking will be accepted** from the escorting teacher regarding the eligibility documents before the scheduled match.

5. The Principal / Teacher-in-Charge / Officer-in-Charge of the host college and & Government Observer are requested to check whether the **eligibility check list** along with the **eligibility proforma** has been filled up properly before submission to the Education Directorate.
6. All the original documents of each participant must be produced by the escorting teachers of their respective college / districts before participating in the district / state level competitions. **The documents of each participant should be arranged along with the eligibility proforma as per the following sequence before submission to the host college:**
 - (i) Admit card of Madhyamik (ii) Mark Sheet of H.S. (iii) Mark Sheet of previous Semester (Fail / Pass) (iv) Current year University Registration Certificate (v) Current year fees book. (vi) Identity card of the present college and the district championship.

C. GUIDELINES FOR ATHLETICS CHAMPIONSHIP

1. Two competitors per event in Athletics (both Men & Women separately) can take part from each college for the district championship.
2. A competitor will be allowed to take part in **maximum three (3) events excluding 4×100mts relay race.**
3. If in any particular event there are less than five competitors, a selection trial will be taken and the standard winning competitors may be sent to state level with prior discussion with the Government Observer.
4. In each event a college will send the first two position (1st & 2nd) holders (both Men & Women separately) in Athletics for the district championship. The first two position holders (both Men & Women separately) in each event at the district championship will be entitled to represent the district at the State Level Championship.
5. If there is any **Tie in any event** in second position both the athletes along with the 1st position holder will be allowed to take part in State level competition.
6. In Athletics every host district will send **one regular male and one regular female teacher as escort and one attendant** along with the district athletic team during state championship and they will be selected by the Host College in consultation with the Government Observer.
7. **No team in any case will be entertained without the regular teacher escort. If the team reports either for the district or state championship without regular teacher escort will be sent back immediately/will not be allowed to participate.**
8. The teacher escort will have to stay at the venue of the district / state championship throughout the tenure/the entire competition.
9. For the team championship, points to be calculated as per 5-3-1 point basis (First-5 points, Second-3 points, Third-1 point) including 4×100mts relay race (only in state championship).
10. It may please be noted that no athlete will be allowed to run in bare foot on the running track. The length of the nail for running shoes should not be more than 9 mm. In case of high-jump the length of the nails should be as per federation rules.

D. GUIDELINES FOR FOOTBALL TOURNAMENT.

1. One teacher escort and one attendant (Non -Teaching Staff) of champion Team/College (Selected by the host college) will accompany the district football team.
2. A team will comprise of only 18 players. The champion team of the district will be eligible to participate in the state championship. The players who participated at the district level will only be allowed to take part in the state championship.
3. The Football championship will be played on knock out basis.
4. The players' list to be submitted to the Referee before the start of the match mentioning the names of the players and their corresponding Jersey Nos. which cannot be changed throughout the championship. Name of maximum five substitute players can be written on the players' list. Players must use the same numbered Jersey throughout the tournament.
5. Not more than 3 players can be substituted in a match.
6. The team should report along with the teacher escort on the ground at least 30 minutes before the schedule time.
7. Players are not eligible to play without Football Boots, Shocks and Shin Guards.
8. The duration of the match will be 35+10+35 minutes & 45+10+45 minutes in Final Match. In case of draw the fate of the match shall be decided by direct Tie-breaker rules.

9. If any player receives two yellow cards in any level of tournament (district or state) shall automatically be suspended for the next match of the tournament.
10. A player who is sent off the field (with Red Card) shall be suspended for next two matches of the tournament.
11. Request for postponement of any match or change of date shall not be entertained. But due to unavoidable circumstances, the Organising Committee shall have the right to change the date, time and venue of the match, if so required.
12. No protest shall be entertained against the decision of the referee/officials.
13. Protest against any player on specific grounds with proper documents may be lodged in writing on their college letter head by the teacher escort to the Organising Secretary within half an hour before completion of the match with protest fees @2000/- which will be returned if the decision goes in favour of the complainant.
14. Team concerned shall be liable for suspension for any disturbance, misbehaviors of their players, students and escorting officials of the respective team during the matches. The participating teams are requested to take all necessary measures from their end for smooth conduct of the tournament.
15. In case of all disputes the decision of the technical committee will be final.
16. The district Football winning team will take part at the state championship in Kolkata. The Organising Secretary of the district championship must inform to the champion team the date and venue of reporting for state championship in due time.
17. Every College Football team should bring the Football & 2 sets of coloured Jerseys of which one set must be white. The jerseys must be numbered. Numbers of the Jerseys should not exceed No. 30. Jersey no. 1 must be reserved for the Goal Keeper. Jersey without number will not be allowed.
18. In case of identical coloured of the jersey of both the teams, the fate shall be decided by the toss of coin by the Referee. The team who loses shall be bound to change their Jersey.

E. GUIDELINES FOR KHO KHO (FOR WOMEN ONLY) TOURNAMENT

1. The competition will be conducted in accordance with the Rules & Regulations prescribed by the Kho Kho Federation of India which may be partly modified by the organising Committee at the state level, if required.
2. The Organising committee (District & State Level) will decide draws and seeding of the matches with the help of the state/district officials on the day of competition or before the competition.
3. The Organising committee will be the final authority for fixing / changing the programme of fixture and to settle any dispute arising during the tournament.
4. Request for postponement of matches mentioned in the fixture of the programmes will under no circumstances be granted.
5. The organising committee may change time and venue of the matches under unavoidable circumstances.
6. An individual college team will consist of maximum twelve (12) players and one Team Manager & one Coach for State level competition and one team Manager-Cum-Coach for District Level.
7. The college team (at the district or at the state) must have their own college jersey with printed numbers. Two sets of Jersey are to bring with the team. All the teams should bring two sets of Jerseys.
8. Only district Champion team will be sent for the State level Competition.
9. The name of the players once submitted by the district teams for the tournament shall not be changed under any circumstances.

F. DISQUALIFICATION FROM THE TOURNAMENT:

1. The district & state organising body reserves the right to verify the original documents/admission/attendance register or admission form and any other relevant papers as and when demanded by the Education Directorate in the event of any protest against any competitor of a particular college.
2. If it is found that in case of team game any ineligible participant represents the college team /district team, the said college team/district team will be scratched & penal action will be taken against the college by the Education Directorate, Govt. of W.B. In case of Individual game, the particular athlete or player will be penalized. In that case suspension of the team or player may be implied up to two years.